



Ground Zero Defence Academy - A Trusted Name for NDA Preparation in India

Preparing for the [NDA \(National Defence Academy\)](#) is a dream shared by thousands of young aspirants across the country, but only those with the right guidance, discipline, and training turn this dream into reality. Among the leading defence coaching institutes in India, **Ground Zero Defence Academy** stands out as a premier destination for NDA preparation.

A Strong Foundation for Future Officers

Ground Zero Defence Academy is known for its structured training programs that focus on academic excellence, physical fitness, personality development, and SSB interview preparation. The academy follows a defence-oriented routine that helps students build the habits, confidence, and discipline needed to succeed in the armed forces.

Comprehensive NDA Coaching Approach

The institute offers two major programs:

- **NDA Foundation Course**
Designed for Class 10 passed students, this long-term program covers school

academics along with NDA syllabus, PT, and SSB basics.

- **NDA Regular Course**

Ideal for Class 12 appearing/passed students who want fast-track preparation with focused written exam coaching and physical training.

Both programs include doubt sessions, mock tests, weekly assessments, and high-quality study material tailored to the latest NDA exam pattern.

Guided by Defence Professionals

One of the academy's biggest strengths is its experienced team of educators, including retired defence officers and expert trainers. Their mentorship equips students with real-time insights into service life, leadership qualities, and officer-like conduct (OLQ).

Physical Training & SSB Mentorship

Ground Zero ensures that every aspirant is physically and mentally prepared. Daily PT, obstacle training, running drills, group tasks, PPDT practice, and interview guidance help students confidently face both the written exam and the SSB interview.

Years of Consistent Results

With a growing record of NDA selections, Ground Zero Defence Academy has earned the trust of students and parents across India. Its disciplined environment, focused teaching methods, and commitment to excellence continue to shape future leaders for the Indian Armed Forces.

Why Aspirants Choose Ground Zero

- Defence-like disciplined environment
- Experienced faculty and trainers
- Strong physical + academic preparation
- SSB-focused personality development
- Hostel and mess for outstation students
- High selection track record

Conclusion

For young aspirants who dream of wearing the uniform and serving the nation, **Ground Zero Defence Academy** provides the perfect platform to begin their NDA journey. With the right blend of academic mentoring, physical training, and personality grooming, the academy continues to uphold its reputation as one of the finest NDA coaching institutes in the country.

Business Name

Ground Zero Defence Academy

Business Address

Sahastradhara Rd, near Touch Wood School, next to Aman Vihar, Aman Vihar, Dehradun, Uttarakhand 248001

Business Category

Coaching center in Dehradun, Uttarakhand

Business Phone Number

07088506506

Business Website

<https://groundzeroinstitute.com/>

GMB Link - <https://share.google/JPgI6iaDcrloK6MGD>